

Pizza

	SML 9"	MED 11"	LGE 13"	FAM 15"
1 Margherita	8.00	10.00	14.00	16.00
Tomato paste, cheese, tomato paste swirled on top				
2 Neapolitana	9.00	11.00	14.50	16.50
Tomato paste, cheese, anchovies, olives, melted cheese on top				
3 Siciliana	9.00	11.00	14.50	16.50
Tomato paste, cheese, fresh sliced tomato, olives, garlic, melted cheese on top				
4 Capricciosa	10.00	12.00	15.00	17.00
Tomato paste, cheese, ham, mushrooms, olives, melted cheese on top				
5 Aussie	10.00	12.00	15.00	17.00
Tomato paste, cheese, ham, bacon, egg, melted cheese on top				
6 Hawaiian	10.00	12.00	15.00	17.00
Tomato paste, cheese, ham, pineapple, melted cheese on top				
7 Gitana	10.00	12.00	15.00	17.00
Tomato paste, cheese, ham, fresh sliced tomato, onion, melted cheese on top, drizzled with garlic				
8 Vegetarian	10.00	12.00	15.00	17.00
Tomato paste, cheese, mushrooms, capsicum, fresh sliced tomato, onion, melted cheese on top				
9 Bologna	10.00	12.00	15.00	17.00
Tomato paste, cheese, sliced tomato, spiced beef, onion, melted cheese on top				
10 Americana	10.00	12.00	15.00	17.00
Tomato paste, cheese, hot or mild salami, mushrooms, olives, melted cheese on top				
11 Mexicana	10.00	12.00	15.00	17.00
Tomato paste, cheese, hot salami, capsicum, melted cheese on top, sprinkled with crushed chillies				
12 Tyabb Wonder	10.00	12.00	15.00	17.00
Tomato paste, cheese, capsicum, sliced tomato, onion, bacon, melted cheese on top				
13 Chicken Deluxe	10.50	12.50	16.00	18.00
Tomato paste, cheese, roast breast chicken fillet, mushrooms, melted cheese on top				
14 Chicken Sunshine	10.50	12.50	16.00	18.00
Tomato paste, cheese, roast breast chicken fillet, pineapple, melted cheese on top				
15 Chicken Princess	11.00	13.00	17.00	19.00
Tomato paste, cheese, roast breast chicken fillet, mushrooms, pineapple, prawns, melted cheese on top				
16 La Lupa Special	10.50	12.50	16.00	18.00
Tomato paste, cheese, hot or mild salami, mushrooms, capsicum, olives, anchovies, melted cheese				
17 Mickey's Delight	10.50	12.50	16.00	18.00
Tomato paste, cheese, ham, mushrooms, pineapple, prawns, melted cheese on top				
18 Marinara	10.50	12.50	16.00	18.00
Tomato paste, cheese, clams, prawns, olives, anchovies, melted cheese on top				
19 Satay Chicken	10.50	12.50	16.00	18.00
Tomato paste, cheese, roast breast chicken fillet, melted cheese, topped with satay sauce				
20 The Lot	12.00	14.00	18.00	21.00
Tomato paste, cheese, ham, hot or mild salami, mushrooms, capsicum, fresh tomato, pineapple, prawns, olives, onion, bacon, melted cheese on top				
21 Meat Lovers Special	10.50	12.50	16.00	18.00
Tomato paste, cheese, ham, chicken, hot or mild salami, bacon, spiced beef, melted cheese on top				
22 Supreme	10.50	12.50	16.00	18.00
Tomato paste, cheese, ham, mushrooms, capsicum, prawns, olives, onion, bacon, melted cheese on top				



Please Note: All food is prepared in an environment using shared equipment and may contain traces of nut, gluten, dairy, soy, egg, fish and seafood. Please consider before ordering as there is no guarantee of allergy free meals.

Take-Away & Delivery

Ph: 5977 4049

1558 Frankston-Flinders Rd TYABB 3913
www.lalupa.com.au

**EFTPOS AVAILABLE
STRICTLY FOR PICKUP ONLY**
MINIMUM SPEND \$10.00. SORRY NO CASH OUT



Strictly No Credit Card
Payments over the phone

TRADING HOURS

OPEN 7 NIGHTS A WEEK

Sunday - Thursday 5pm-10pm

Friday - Saturday 5pm-11pm

AREAS WE DELIVER TO:

Tyabb \$3.50, Somerville & Hastings \$4.00, Navy Base (Gatehouse) \$6.00
Baxter, Crib Point, Moorooduc, Bittern & Pearcedale \$5.50

DELIVERY CHARGES APPLY - DRIVERS CARRY MINIMUM CHANGE

Our drivers would appreciate an outside light on, Thank You.

Menu Printed Galaxy Print & Design Ph: 5979 7744

	9"	11"	13"	15"
23 Tropical	10.50	12.50	16.00	18.00
Tomato paste, cheese, ham, pineapple, prawns, bacon, melted cheese on top				
24 Avocado Feast	11.00	13.00	17.00	19.00
Tomato paste, cheese, roast breast chicken fillet, avocado, melted cheese on top				
25 B.B.Q Chicken	10.50	12.50	16.00	18.00
Tomato paste, cheese, roast breast chicken fillet, melted cheese, topped with BBQ sauce				
26 Avocado Obsession	11.00	13.00	17.00	19.00
Tomato paste, cheese, ham, sliced tomato, avocado, melted cheese on top, sprinkled with garlic & chilli				
27 Beef Commotion	10.50	12.50	16.00	18.00
Tomato paste, cheese, hot or mild salami, mushrooms, onion, bacon, spiced beef, melted cheese on top				
28 Caribbean	11.00	13.00	17.00	19.00
Tomato paste, cheese, hot salami, capsicum, pineapple, prawns, onion, bacon, crushed chilli				
29 Old Fashion Pepperoni	10.50	12.50	16.00	18.00
Tomato paste, cheese, plenty of hot salami and melted cheese on top				
30 Godfather	10.50	12.50	16.00	18.00
Tomato paste, cheese, hot salami, capsicum, fresh tomato, onions, olives, melted cheese on top, fresh chopped chilli				
Extra Toppings per item	0.50	0.80	1.00	1.20

Garlic Breads

	SML 9"	MED 11"	LGE 13"	FAM 15"
Garlic Pizza Bread mozzarella cheese	7.50	9.50	13.00	15.00
Herb Pizza Bread mozzarella cheese & sage	7.50	9.50	13.00	15.00
Garlic Pizza Bread mozzarella cheese & bacon	9.00	11.00	14.50	16.00
Garlic Pizza Bread mozzarella cheese hot or mild salami	9.00	11.00	14.50	16.00
Garlic Pizza Bread mozzarella cheese & anchovies	9.00	11.00	14.50	16.00
Garlic Pizza Bread mozzarella cheese & olives	9.00	11.00	14.50	16.00
mozzarella cheese, fresh slice d	11.00	14.50	16.00	
Garlic Bread Roll 10 inch roll	3.50			

Drinks

Coke Range 1.25ltr	4.70
Coke, Diet Coke, Coke Zero, Fanta, Sprite, Lift, Passionfruit	
Schweppes Traditional Range 1.25ltr	4.20
Creamy Soda, Raspberry, Lime, Sarsparella	
Water 600ml	2.50
Cans Coke, Diet Coke, Coke Zero	2.50
Kirks Portello 600ml	4.00
Italian Chinotto	3.80

ITALIAN



SpeckleHead 5.50

A delicious banana & blue ice cream sprinkled with banana & blue speckles.



Cassata 5.50

Layers of mouth watering nougat, chocolate and hazelnut gelato with candied fruit & a centre of liqueured sponge.



Passionfruit Dessert 5.50

Exquisite passionfruit gelato veiled by a layer of rich dark chocolate.



500ml Gelati Tubs 5.50

Chocolate, Strawberry, Lemon, Pistachio, Coffee & Banana.



Chocolate Mousse 3.50



Tiramisu 5.50

A delicious layer of both tiramisu gelato & coffee liqueured sponge, topped with abaglione gelato with a sprinkling of vanilla almonds



Bacio 5.50

A unique blend of hazelnut gelato swirled with chocolate, topped off with a whole roasted hazelnut encased in rich dark chocolate.



White Tartufo 5.50

Coffee gelato covered by vanilla gelato which is rolled in coconut flakes and crowned with a cherry.



Apple Dessert 5.50

Hazelnut and 'zuppa inglese' gelato with a centre of cherries & liqueured sponge, engulfed by a layer of white chocolate.



Tartufo 5.50

A delightful harmony of chocolate gelato and almonds covered in dark chocolate and topped off with a cherry.



Special Mocca 5.50

Hidden beneath a rich dark chocolate coating you'll find chocolate gelato and coffee gelato laced with almond pieces.



Fire Ball 5.50

A real strawberry fruit ice cream ball centred with classic vanilla ice cream rolled in strawberry sprinkles.



Maroncino 5.50

The perfect frozen After Dinner Mint: Dutch chocolate & mint ice cream are rolled into a truffle shape then sprinkled with choc-mint crisps.



Gianduiotto 5.50

A centre of hazelnut gelato surrounded by chocolate gelato smothered with a layer of toasted hazelnuts and dark chocolate pieces.

Pasta Sauces

	SML	MED	LGE		SML	MED	LGE		SML	MED	LGE		SML	MED	LGE
Cream Cheese Creamy cheese sauce, spring onions topped with stringy mozzarella cheese	7.50	9.50	17.00	Eggplant Parmigiana Sautéed eggplant, napoli sauce, parmesan cheese melted through	9.00	11.00	18.00	Chicken & Avocado Sliced avocado, chicken with cream, cracked pepper & spring onions	10.00	12.00	19.00	Spinach Supreme Fried bacon, spinach tossed in a cream garlic sauce	10.50	12.50	19.90
Bolognese Traditional meat sauce	8.50	10.50	18.00	Vegetarian Napoletana Seasonal vegetables tossed in napoli sauce	10.00	12.00	19.00	Chicken Mystique Chicken, avocado, bacon with cracked pepper in a cream sauce	11.00	13.00	19.90	Gourmet Spinach Sundried tomatoes, spinach, cream sauce, garnished with pine nuts	10.50	12.50	19.90
Cream & Mushroom Sautéed mushrooms, cream & spring onions	8.50	10.50	18.00	Vegetarian La Crema Seasonal vegetables tossed in a cream sauce	10.00	12.00	19.00	Marinara Napoletana Sautéed shellfish tossed through napoli sauce & garlic	14.50	19.00	24.90	Pumpkin Rosette Pumpkin, spinach, sundried tomatoes, cream, napoli sauce & fetta	10.50	12.50	19.90
Napoletana (No meat) Rich tomato sauce with a touch of garlic	7.50	9.50	17.00	Cream Pesto Pesto mixture, cream, sundried tomatoes garnished with pine nuts	9.00	11.00	17.00	Marinara La Crema Sautéed shellfish, spring onions tossed in a cream sauce	14.50	19.00	24.90	Peas & Bacon Fried bacon, spanish onion, peas in a cream & napoli sauce	10.00	12.00	18.50
Calabrese "HOT & SPICY" Hot salami, capsicum, olives, chilli, garlic with napoli sauce	10.00	12.00	19.00	Provencale Fried bacon, New Zealand mussels tossed with napoli sauce & garlic	10.00	12.00	19.00	Sinful Marinara "HOT & SPICY" Shellfish tossed in extra virgin olive oil, garlic, & chilli	14.50	19.00	24.90	Pesto Chicken Chicken with cream pesto, bacon, peas & spring onion	11.00	13.00	19.90
Matriciana "HOT & SPICY" Lightly fried hot salami, bacon, chilli, garlic with napoli sauce	10.00	12.00	19.00	Chicken & Mushroom Chicken, mushroom tossed with cream & spring onions	10.00	12.00	19.00	Tuna Temptation Tuna, onions, mushrooms, spring onions & cream sauce	11.50	13.50	19.90	Pesto Scallops Pan fried scallops tossed with cream pesto, bacon & spring onion	11.00	13.00	19.90
Cream & Spinach Fresh baby cut spinach, spring onions cooked in a cream sauce	9.50	11.50	18.00	Chicken Cacciatore Chicken, capsiom, olives, bacon, tossed with napoli sauce	10.00	12.00	19.00	Tuna Royale Tuna, cherry tomatoes, spinach, garlic, spanish onion & cream sauce	11.50	13.50	19.90	Garlic Prawns King Prawns, garlic, cream sauce & baby prawns served with rice	14.50	19.00	24.90
Carbonara Pan tossed mushroom, bacon, cream, spring onions & egg	10.50	12.50	19.90	Chicken & Corn Sweet corn kernals, chicken with cream & spring onions	10.00	12.00	19.00	Tuna Napoletana Tuna, napoli sauce, spanish onion, olives topped with fresh chilli	11.00	13.00	19.00	Chilli Prawns "HOT & SPICY" King Prawns, olive oil, cherry tomatoes & baby prawns served with rice	14.50	19.00	24.90

70ml parmesan packs \$1.00

Homemade Pasta Sauces with your Choice of Pasta

70ml parmesan packs \$1.00

Lasagna

SML 9.00 MED 11.00 LGE 19.00



Layers Of Pasta Sheets, Bolognese Sauce And Mozzarella Cheese

Spaghetti



Fettucini



Penne



Beef Ravioli



Beef Tortellini



Potato Gnocchi



Rice

Chicken (Breast Fillet)

Chicken Schnitzel Crumbed breast fillet with lemon wedges	16.00	Chicken Tango Crumbed breast fillet, cocktail sauce, ham, avocado & melted cheese	19.50
Chicken Parmigiana Crumbed breast fillet with napoli sauce, ham & melted cheese	19.50	Chicken Montecarlo Crumbed breast fillet, topped with cream, mushroom & cracked pepper sauce	19.50
Chicken BBQ Parmigiana Crumbed breast fillet with BBQ sauce, ham & melted cheese	19.50	Chicken Arrabiata "HOT & SPICY" Crumbed breast fillet, napoli sauce, ham, melted cheese topped with chilli & garlic	19.50
Chicken Honey Mustard Parmigiana Crumbed breast fillet, honey mustard sauce, ham & melted cheese	19.50	Chicken Bolognese Crumbed breast fillet topped with bolognese sauce & parmesan cheese	19.50
Chicken Satay Parmigiana Crumbed breast fillet with satay sauce, topped with crushed peanuts & cheese	19.50	Chicken Mediterranean Crumbed breast fillet, napoli sauce, hot salami, olives, spanish onion & cheese	19.50
Chicken Cream of Garlic Crumbed breast fillet topped with cream, garlic & parsley sauce	19.50	Chicken Cream Peppercorn NEW Crumbed breast fillet, topped with cream peppercorn, mustard seeds & spring onion sauce	19.50
Chicken Florentine Crumbed breast topped with cream spinach & spanish onion sauce	19.50	Chicken Horseradish Cream NEW Crumbed breast fillet topped with crushed horseradish, cream, spring onions & spanish onions	19.50

Beef (Yearling)

Wiener Schnitzel Crumbed beef (yearling) with lemon wedges	16.00	Wiener Tango Crumbed beef (yearling), cocktail sauce, ham, avocado & melted cheese	19.50
Wiener Parmigiana Crumbed beef (yearling) with napoli sauce, ham & melted cheese	19.50	Wiener Montecarlo Crumbed beef (yearling) topped with cream, mushroom & cracked pepper sauce	19.50
Wiener BBQ Parmigiana Crumbed beef (yearling) with BBQ sauce, ham & melted cheese	19.50	Wiener Arrabiata "HOT & SPICY" Crumbed beef (yearling), napoli sauce, ham, melted cheese topped with chilli & garlic	19.50
Wiener Honey Mustard Crumbed beef (yearling) with honey mustard sauce, ham & melted cheese	19.50	Wiener Bolognese Crumbed beef (yearling) topped with bolognese sauce & parmesan cheese	19.50
Wiener Satay Parmigiana Crumbed beef (yearling) with satay sauce, topped with crushed peanuts & cheese	19.50	Wiener Mediterranean Crumbed beef (yearling), napoli sauce, hot salami, olives, spanish onion & cheese.	19.50
Wiener Cream of Garlic Crumbed beef (yearling) topped with cream garlic & parsley sauce	19.50	Wiener Cream Peppercorn NEW Crumbed beef (yearling) topped with cream peppercorn, mustard seeds & spring onion sauce	19.50
Wiener Florentine Crumbed beef (yearling) topped with cream spinach & spanish onion sauce	19.50	Wiener Horseradish Cream NEW Crumbed beef (yearling) topped with crushed horseradish, cream, spring onions & spanish onions	19.50

All meals served with your choice of 1 or 2 items: Chips, Vegetables, Rice or Wedges

Porterhouse

Grilled medium to well done

Porterhouse Steak Porterhouse 350-400gm (plain no sauce)	27.00
Porterhouse Montecarlo Porterhouse 350-400gm with cream mushroom & cracked pepper sauce	30.00
Porterhouse Cream of Garlic Porterhouse 350-400gm with cream, garlic & parsley sauce	30.00
Porterhouse Florentine Porterhouse 350-400gm topped with cream spinach & spanish onion sauce	30.00
Porterhouse Cream Peppercorn NEW Porterhouse 350-400gm topped with cream peppercorn, mustard seeds & spring onion sauce	30.00
Porterhouse Horseradish Cream NEW Porterhouse 350-400gm topped with crushed horseradish, cream, spring onions & spanish onions	30.00

Rib Eye

Grilled medium to well done

Rib Eye Steak Rib Eye 450-500gm (plain no sauce)	30.00
Rib Eye Montecarlo Rib Eye 450-500gm with cream mushroom & cracked pepper sauce	33.00
Rib Eye Cream of Garlic Rib Eye 400-450gm with cream, garlic & parsley sauce	33.00
Rib Eye Florentine Rib Eye 450-500gm topped with cream spinach & spanish onion sauce	33.00
Rib Eye Cream Peppercorn NEW Rib Eye 450-500gm topped with cream peppercorn, mustard seeds & spring onion sauce	33.00
Rib Eye Horseradish Cream NEW Rib Eye 450-500gm topped with crushed horseradish, cream, spring onions & spanish onions	33.00

Pork & Lamb

Italian Pork Sausages Four medium size home-made sausages - 100% Pork	18.50
Pork Cutlets Three large crumbed pork cutlets	18.50
Lamb Cutlets Six crumbed lamb cutlets	31.00

Extra sauces available

Montecarlo
Cream of Garlic
Florentine
Cream of Peppercorn
Horseradish Cream

4.80

Seafood

Calamari		
SMALL 8 Calamari Rings served with lemon wedges, salad mix & tartare sauce	8.00	
MEDIUM 16 Calamari Rings served with lemon wedges, salad mix & tartare sauce	12.50	
LARGE 24 Calamari Rings served with lemon wedges, salad mix, chips & tartare sauce	21.00	
Prawn Cocktail		
SMALL Salad mix, baby prawns swirled in a cocktail sauce & 1 shelled King Prawn & lemon wedge	10.00	
MEDIUM Salad mix, baby prawns swirled in a cocktail sauce & 3 shelled King Prawns & lemon wedge	15.90	
Crumbed Prawns		
MEDIUM 5 Crumbed King Prawns on a bed of crispy salad mix with lemon wedges & tartare sauce	15.90	
LARGE 7 Crumbed King Prawns served with chips, lemon wedges & tartare sauce	21.90	
Seafood Basket 4 crumbed King Prawns, 4 crumbed scallops, 4 crumbed New Zealand half shell mussels,	24.50	
4 crumbed Calamari rings served with chips, lemon wedges & tartare sauce		
King Prawn & Avocado		
Salad mix, King Prawns, avocado, red capsicum, creamy garlic aioli & lemon wedge		
SMALL 14.50	MEDIUM 19.00	LARGE 24.90
3 King Prawns	5 King Prawns	7 King Prawns

Salads

	SML	MED	LGE		SML	MED	LGE
Garden Salad Salad mix topped with spanish onion, cherry tomatoes, red capsicum, balsamic vinegar & extra virgin olive oil	4.00	5.00	9.00	Tuna Salad Baby cos, cherry tomatoes, spanish onion, olives, lemon wedges topped with marinated canned tuna & red capsicum	9.00	11.00	N/A
Italian Salad Baby cos, cucumber, cherry tomatoes, spanish onion, olives, red capsicum, extra virgin olive oil & white wine vinegar	5.00	6.00	10.00	Spinach Salad Fresh baby spinach, topped with cherry tomatoes, red capsicum, fetta cheese, pine nuts & creamy garlic aioli	7.00	8.00	14.00
Avocado Salad Avocado sitting on a bed of salad mix topped with cherry tomatoes, red capsicum & creamy dressing	6.50	7.50	12.50	Caesar Salad Baby cos, caesar dressing topped with crispy bacon, croutons, anchovies, boiled egg with shredded parmesan & honey mustard	N/A	10.00	16.00
Greek Salad Baby cos, cucumber, cherry tomatoes, spanish onion, olives, red capsicum, fetta cheese dressed with wine vinegar, extra virgin olive oil & oregano	7.50	8.50	14.00	Egg & Ham Salad NEW Salad mix, onion, cherry tomatoes, red capsicum topped with boiled egg and sliced ham with a creamy caesar dressing	N/A	8.50	14.50

SLICED CHICKEN FILLET OPTIONAL TO ALL SALADS

SML add 1.00 MED add 1.50 LGE add 3.00

Sides

Chips	SML N/A	MED 4.00	LGE 7.00	Rice	SML 4.00	MED 6.00	LGE N/A
Wedges	SML N/A	MED 7.00	LGE 10.00	Vegetables	SML 6.00	MED 7.50	LGE 12.00