

Pizza



SML 9" MED 11" LGE 13" FAM 15"

1 Margherita	9.00	11.00	15.00	17.00
Tomato paste, cheese, tomato paste swirled on top				
2 Neapolitana	10.00	12.00	16.00	18.00
Tomato paste, cheese, anchovies, olives, melted cheese on top				
3 Siciliana	10.00	12.00	16.00	18.00
Tomato paste, cheese, fresh sliced tomato, olives, garlic, melted cheese on top				
4 Capricciosa	11.00	13.00	17.00	20.00
Tomato paste, cheese, ham, mushrooms, olives, melted cheese on top				
5 Aussie	11.00	13.00	17.00	20.00
Tomato paste, cheese, ham, bacon, egg, melted cheese on top				
6 Hawaiian	11.00	13.00	17.00	20.00
Tomato paste, cheese, ham, pineapple, melted cheese on top				
7 Gitana	11.00	13.00	17.00	20.00
Tomato paste, cheese, ham, fresh sliced tomato, onion, melted cheese on top, drizzled with garlic				
8 Vegetarian	11.00	13.00	17.00	20.00
Tomato paste, cheese, mushrooms, capsicum, fresh sliced tomato, onion, melted cheese on top				
9 Bologna	11.00	13.00	17.00	20.00
Tomato paste, cheese, sliced tomato, spiced beef, onion, melted cheese on top				
10 Americana	11.00	13.00	17.00	20.00
Tomato paste, cheese, hot or mild salami , mushrooms, olives, melted cheese on top				
11 Mexicana	11.00	13.00	17.00	20.00
Tomato paste, cheese, hot salami, capsicum, melted cheese on top, sprinkled with crushed chillies				
12 Tyabb Wonder	11.00	13.00	17.00	20.00
Tomato paste, cheese, capsicum, sliced tomato, onion, bacon, melted cheese on top				
13 Chicken Deluxe	12.00	14.00	18.00	21.00
Tomato paste, cheese, roast breast chicken fillet, mushrooms, melted cheese on top				
14 Chicken Sunshine	12.00	14.00	18.00	21.00
Tomato paste, cheese, roast breast chicken fillet, pineapple, melted cheese on top				
15 Chicken Princess	12.50	14.50	19.00	22.00
Tomato paste, cheese, roast breast chicken fillet, mushrooms, pineapple, prawns, melted cheese on top				
16 La Lupa Special	12.00	14.00	18.00	21.00
Tomato paste, cheese, hot or mild salami , mushrooms, capsicum, olives, anchovies, melted cheese				
17 Mickey's Delight	12.00	14.00	18.00	21.00
Tomato paste, cheese, ham, mushrooms, pineapple, prawns, melted cheese on top				
18 Marinara	12.00	14.00	18.00	21.00
Tomato paste, cheese, clams, prawns, olives, anchovies, melted cheese on top				
19 Satay Chicken	12.00	14.00	18.00	21.00
Tomato paste, cheese, roast breast chicken fillet, melted cheese, topped with satay sauce				
20 The Lot	13.00	15.00	20.00	24.00
Tomato paste, cheese, ham, hot or mild salami , mushrooms, capsicum, fresh tomato, pineapple, prawns, olives, onion, bacon, melted cheese on top				
21 Meat Lovers Special	12.00	14.00	18.00	21.00
Tomato paste, cheese, ham, chicken, hot or mild salami , bacon, spiced beef, melted cheese on top				
22 Supreme	12.00	14.00	18.00	21.00
Tomato paste, cheese, ham, mushrooms, capsicum, prawns, olives, onion, bacon, melted cheese on top				



Please Note: All food is prepared in an environment using shared equipment and may contain traces of nut, gluten, dairy, soy, egg, fish and seafood. **Please consider before ordering as there is no guarantee of allergy free meals.**
Please be aware: Although we take great care in preparing food, we cannot guarantee all olives will be free from pips, or that seafood items will be free from traces of shells. **SORRY FOR ANY INCONVENIENCE.**

Take-Away & Delivery

5977 4049

1558 Frankston-Flinders Rd TYABB 3913

lalupa.com.au

OPEN 7 NIGHTS A WEEK

Sunday - Thursday 5pm - 10pm

Friday - Saturday 5pm-11pm

EFTPOS AVAILABLE FOR PICKUP ONLY

STRICTLY NO CREDIT CARD PAYMENTS
OVER THE PHONE

CASH ONLY ON DELIVERY DELIVERY CHARGES:

Tyabb - \$4 Somerville & Hastings - \$4.50
Crib Point, Baxter, Moorooduc, Bittern, Pearcedale - \$6

Drivers carry minimum change

Our drivers would appreciate an outside light on, thank you.

*Prices and trading hours are subject to change without notice.

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23 Tropical	12.00	14.00	18.00	21.00
Tomato paste, cheese, ham, pineapple, prawns, bacon, melted cheese on top				
24 Avocado Feast	12.00	14.00	18.00	21.00
Tomato paste, cheese, roast breast chicken fillet, avocado, melted cheese on top				
25 B.B.Q Chicken	12.00	14.00	18.00	21.00
Tomato paste, cheese, roast breast chicken fillet, melted cheese, topped with BBQ sauce				
26 Avocado Obsession	12.00	14.00	18.00	21.00
Tomato paste, cheese, ham, sliced tomato, avocado, melted cheese on top, sprinkled with garlic & chilli				
27 Beef Commotion	12.00	14.00	18.00	21.00
Tomato paste, cheese, hot or mild salami , mushrooms, onion, bacon, spiced beef, melted cheese on top				
28 Caribbean	12.00	14.00	18.00	21.00
Tomato paste, cheese, hot salami, capsicum, pineapple, prawns, onion, bacon, crushed chilli				
29 Old Fashion Pepperoni	12.00	14.00	18.00	21.00
Tomato paste, cheese, plenty of hot salami and melted cheese on top				
30 Godfather	12.00	14.00	18.00	21.00
Tomato paste, cheese, hot salami, capsicum, fresh tomato, onions, olives, melted cheese on top, fresh chopped chilli				
Extra Toppings per item	0.50	0.80	1.00	1.20

Garlic Breads

SML 9" MED 11" LGE 13" FAM 15"

Garlic Pizza Bread	mozzarella cheese	8.00	10.00	13.50	16.00
Herb Pizza Bread	mozzarella cheese & sage	8.00	10.00	13.50	16.00
Garlic Pizza Bread	mozzarella cheese & bacon	9.50	11.50	15.00	17.00
Garlic Pizza Bread	mozzarella cheese hot or mild salami	9.50	11.50	15.00	17.00
Garlic Pizza Bread	mozzarella cheese & anchovies	9.50	11.50	15.00	17.00
Garlic Pizza Bread	mozzarella cheese & olives	9.50	11.50	15.00	17.00
Garlic Pizza Bread	mozzarella cheese, fresh sliced tomato & oregano	9.50	11.50	15.00	17.00

Garlic Bread Roll 10 inch roll 4.00

Drinks



Coke Range 1.25ltr	5.00
Coke, Coke -Sugar Free, Fanta, Sprite, Lift, Passionfruit	
River Port Traditional Range 1.25ltr	5.00
Creamy Soda, Raspberry Lemonade, Lime, Double Sarsparella, Portello	
Water 600ml	3.00
Cans Coke, Coke -Sugar Free	3.00
Kirks Portello 600ml	4.00
Italian Chinotto	4.00



Pasta Sauces



	SML	MED	LGE
Cream Cheese	8.00	11.00	18.00
Creamy cheese sauce, spring onions topped with stringy mozzarella cheese			
Bolognese	9.00	12.00	20.00
Traditional meat sauce			
Cream & Mushroom	9.00	12.00	20.00
Sautéed mushrooms, cream & spring onions			
Napoletana	8.00	11.00	18.00
(No meat) Rich tomato sauce with a touch of garlic			
Calabrese "HOT & SPICY"	11.00	14.00	21.00
Hot salami, capsicum, olives, chilli, garlic with napoli sauce			
Matriciana "HOT & SPICY"	11.00	14.00	21.00
Lightly fried hot salami, bacon, chilli, garlic with napoli sauce			
Cream & Spinach	9.00	12.00	20.00
Fresh baby cut spinach, spring onions cooked in a cream sauce			
Carbonara	11.50	14.50	22.00
Pan tossed mushroom, bacon, cream, spring onions & egg			

	SML	MED	LGE
Eggplant Parmigiana	11.00	14.00	21.00
Sautéed eggplant, napoli sauce, parmesan cheese melted through			
Vegetarian Napoletana	11.00	14.00	21.00
Seasonal vegetables tossed in napoli sauce			
Vegetarian La Crema	11.00	14.00	21.00
Seasonal vegetables tossed in a cream sauce			
Cream Pesto	11.00	14.00	21.00
Pesto mixture, cream, sundried tomatoes garnished with pine nuts			
Provencale	11.00	14.00	21.00
Fried bacon, New Zealand mussels tossed with napoli sauce & garlic			
Chicken & Mushroom	11.00	14.00	21.00
Chicken, mushroom tossed with cream & spring onions			
Chicken Cacciatore	11.00	14.00	21.00
Chicken capsicum, olives, bacon, tossed with napoli sauce			
Chicken & Corn	11.00	14.00	21.00
Sweet corn kernals, chicken with cream & spring onions			

	SML	MED	LGE
Chicken & Avocado	11.00	14.00	21.00
Sliced avocado, chicken with cream, cracked pepper & spring onions			
Chicken Mystique	12.00	15.00	22.00
Chicken, avocado, bacon with cracked pepper in a cream sauce			
Marinara Napoletana	16.00	21.00	27.00
Sautéed shellfish tossed through napoli sauce & garlic			
Marinara La Crema	16.00	21.00	27.00
Sautéed shellfish & spring onions tossed in a cream sauce			
Sinful Marinara "HOT & SPICY"	16.00	21.00	27.00
Shellfish tossed in extra virgin olive oil, garlic & chilli			
Tuna Temptation	13.00	15.00	23.00
Tuna, onions, mushrooms, spring onions & cream sauce			
Tuna Royale	13.00	15.00	23.00
Tuna, cherry tomatoes, spinach, garlic, spanish onion & cream sauce			
Tuna Napoletana	12.00	14.00	21.00
Tuna, napoli sauce, spanish onion, olives topped with fresh chilli			

	SML	MED	LGE
Spinach Supreme	11.50	14.50	22.00
Fried bacon, spinach tossed in a cream garlic sauce			
Gourmet Spinach	11.50	14.50	22.00
Sundried tomatoes, spinach, cream sauce, garnished with pine nuts			
Pumpkin Rosette	11.00	14.00	21.00
Pumpkin, spinach, sundried tomatoes, cream, napoli sauce & fetta			
Peas & Bacon	11.00	14.00	21.00
Fried bacon, spanish onion, peas in a cream & napoli sauce			
Pesto Chicken	12.00	15.00	22.00
Chicken with cream pesto, bacon, peas & spring onion			
Pesto Scallops	12.00	15.00	22.00
Pan fried scallops tossed with cream pesto, bacon & spring onion			
Garlic Prawns	16.00	21.00	27.00
King Prawns, garlic, cream sauce & baby prawns served with rice			
Chilli Prawns "HOT & SPICY"	16.00	21.00	27.00
King Prawns, Olive oil, cherry tomatoes, fresh chilli, garlic, baby prawns and spanish onion			

70ml parmesan packs \$1.00

Homemade Pasta Sauces with your Choice of Pasta

70ml parmesan packs \$1.00

Lasagna

SML	MED	LGE
9.00	12.00	20.00



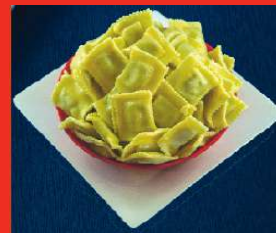
Spaghetti



Fettuccini



Penne



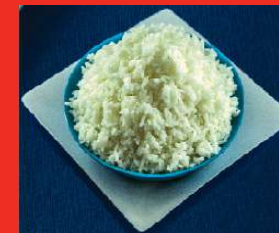
Beef Ravioli



Beef Tortellini



Potato Gnocchi



Rice

Layers Of Pasta Sheets, Bolognese Sauce
And Mozzarella Cheese

Chicken (Breast Fillet)



Chicken Schnitzel Crumbed breast fillet with lemon wedges	18.00	Chicken Tango Crumbed breast fillet, cocktail sauce, ham, avocado & melted cheese
Chicken Parmigiana Crumbed breast fillet with napoli sauce, ham & melted cheese	22.00	Chicken Montecarlo Crumbed breast fillet, topped with cream, mushroom & cracked pepper sauce
Chicken BBQ Parmigiana Crumbed breast fillet with BBQ sauce, ham & melted cheese	22.00	Chicken Arrabiata "HOT & SPICY" Crumbed breast fillet, napoli sauce, ham, melted cheese topped with chilli & garlic
Chicken Honey Mustard Parmigiana Crumbed breast fillet, honey mustard sauce, ham & melted cheese	22.00	Chicken Bolognese Crumbed breast fillet topped with bolognese sauce. Parmesan cheese pack separate
Chicken Satay Parmigiana Crumbed breast fillet with satay sauce, topped with crushed peanuts & cheese	22.00	Chicken Mediterranean Crumbed breast fillet, napoli sauce, hot salami, olives, spanish onion & cheese
Chicken Cream of Garlic Crumbed breast fillet topped with cream, garlic & parsley sauce	22.00	Chicken Cream Peppercorn Crumbed breast fillet, topped with cream peppercorn, mustard seeds & spring onion sauce
Chicken Florentine Crumbed breast topped with cream, spinach & spanish onion sauce	22.00	Chicken Horseradish Cream Crumbed breast fillet topped with crushed horseradish, cream, spring onion & spanish onion

Beef (Yearling)



Wiener Schnitzel Crumbed beef (yearling) with lemon wedges	22.00	Wiener Tango Crumbed beef (yearling), cocktail sauce, ham, avocado & melted cheese	22.00
Wiener Parmigiana Crumbed beef (yearling) with napoli sauce, ham & melted cheese	22.00	Wiener Montecarlo Crumbed beef (yearling) topped with cream, mushroom & cracked pepper sauce	22.00
Wiener BBQ Parmigiana Crumbed beef (yearling) with BBQ sauce, ham & melted cheese	22.00	Wiener Arrabiata "HOT & SPICY" Crumbed beef (yearling), napoli sauce, ham, melted cheese topped with chilli & garlic	22.00
Wiener Honey Mustard Crumbed beef (yearling) with honey mustard sauce, ham & melted cheese	22.00	Wiener Bolognese Crumbed beef (yearling) topped with bolognese sauce. Parmesan cheese pack separate	22.00
Wiener Satay Parmigiana Crumbed beef (yearling) with satay sauce, topped with crushed peanuts & cheese	22.00	Wiener Mediterranean Crumbed beef (yearling), napoli sauce, hot salami, olives, spanish onion & cheese.	22.00
Wiener Cream of Garlic Crumbed beef (yearling) topped with cream, garlic & parsley sauce	22.00	Wiener Cream Peppercorn Crumbed beef (yearling) topped with cream, peppercorn, mustard seeds & spring onion sauce	22.00
Wiener Florentine Crumbed beef (yearling) topped with cream, spinach & spanish onion sauce	22.00	Wiener Horseradish Cream Crumbed beef (yearling) topped with crushed horseradish, cream, spring onion & spanish onion	22.00

All meals served with your choice of 1 or 2 items: Chips, Vegetables, Rice or Wedges

Porterhouse

Grilled medium to well done

Porterhouse Steak Porterhouse 350-400gm (plain no sauce)	27.00
Porterhouse Montecarlo Porterhouse 350-400gm with cream, mushroom & cracked pepper sauce	30.00
Porterhouse Cream of Garlic Porterhouse 350-400gm with cream, garlic & parsley sauce	30.00
Porterhouse Florentine Porterhouse 350-400gm topped with cream, spinach & spanish onion sauce	30.00
Porterhouse Cream Peppercorn Porterhouse 350-400gm topped with cream, peppercorn, mustard seeds & spring onion sauce	30.00
Porterhouse Horseradish Cream Porterhouse 350-400gm topped with crushed horseradish, cream, spring onion & spanish onion	30.00

Rib Eye

Grilled medium to well done

Rib Eye Steak Rib Eye 450-500gm (plain no sauce)	35.00
Rib Eye Montecarlo Rib Eye 450-500gm with cream, mushroom & cracked pepper sauce	38.00
Rib Eye Cream of Garlic Rib Eye 400-450gm with cream, garlic & parsley sauce	38.00
Rib Eye Florentine Rib Eye 450-500gm topped with cream, spinach & spanish onion sauce	38.00
Rib Eye Cream Peppercorn Rib Eye 450-500gm topped with cream, peppercorn, mustard seeds & spring onion sauce	38.00
Rib Eye Horseradish Cream Rib Eye 450-500gm topped with crushed horseradish, cream, spring onion & spanish onion	38.00

Pork & Lamb

HALF SERVE With 1 side serve only

Pork Cutlets Two large crumbed pork cutlets	13.00
Lamb Cutlets Three crumbed lamb cutlets	20.00

FULL SERVE With 2 side serves

Pork Cutlets Four large crumbed pork cutlets	26.00
Lamb Cutlets Six crumbed lamb cutlets	40.00

**Extra
sauces
available**

Montecarlo
Florentine
Horseradish Cream

Cream of Garlic
Cream of Peppercorn
5.00

Seafood

Calamari

SMALL	8 Calamari Rings served with lemon wedges, salad mix & tartare sauce	9.00
MEDIUM	16 Calamari Rings served with lemon wedges, salad mix & tartare sauce	17.00
LARGE	24 Calamari Rings served with lemon wedges, salad mix, chips & tartare sauce	25.00

Prawn Cocktail

SMALL	Salad mix, baby prawns swirled in a cocktail sauce with 1 shelled King Prawn & a lemon wedge	13.00
MEDIUM	Salad mix, baby prawns swirled in a cocktail sauce with 3 shelled King Prawns & a lemon wedge	19.00

Crumbed Prawns

MEDIUM	5 Crumbed King Prawns on a bed of crispy salad mix with lemon wedges & tartare sauce	18.00
LARGE	7 Crumbed King Prawns served with chips, lemon wedges & tartare sauce	25.00

Seafood Basket

	4 crumbed King Prawns, 4 crumbed scallops, 4 crumbed New Zealand half shell mussels, 4 crumbed Calamari rings served with chips, lemon wedges & tartare sauce	26.00
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King Prawn & Avocado

	Salad mix, King Prawns, avocado, red capsicum, creamy garlic aioli & a lemon wedge	
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SMALL	MEDIUM	LARGE
16.00	21.00	27.00
3 King Prawns	5 King Prawns	7 King Prawns

Salads

SML **MED** **LGE**

SML **MED** **LGE**

Garden Salad 5.00 6.00 10.00

Salad mix topped with spanish onion, cherry tomatoes, red capsicum, balsamic vinegar & extra virgin olive oil

Italian Salad 6.00 7.00 11.00

Baby cos, cucumber, cherry tomatoes, spanish onion, olives, red capsicum, extra virgin olive oil & white wine vinegar

Avocado Salad 7.00 9.00 14.00

Avocado sitting on a bed of salad mix topped with cherry tomatoes, red capsicum & a creamy dressing

Greek Salad 8.00 10.00 16.00

Baby cos, cucumber, cherry tomatoes, spanish onion, olives, red capsicum, fetta cheese dressed with wine vinegar, extra virgin olive oil & oregano

Tuna Salad 10.00 13.00 N/A

Baby cos, cherry tomatos, spanish onion, olives, lemon wedges topped with marinated tinned tuna & red capsicum

Spinach Salad 7.00 9.00 14.00

Fresh baby spinach, topped with cherry tomatoes, red capsicum, fetta cheese, pine nuts & creamy garlic aioli

Caesar Salad N/A 12.00 18.00

Baby cos, caesar dressing topped with crispy bacon, croutons, anchovies, boiled egg with shredded parmesan & honey mustard

Egg & Ham Salad N/A 9.00 15.00

Salad mix, onion, cherry tomatoes, red capsicum topped with boiled egg and sliced ham with a creamy caesar dressing

SLICED CHICKEN FILLET OPTIONAL TO ALL SALADS

SML add 1.50 **MED add 2.00** **LGE add 4.00**

Sides

Chips Wedges	SML N/A	MED 4.00	LGE 7.00	Rice Vegetables	SML 4.00	MED 6.00	LGE N/A
	SML N/A	MED 7.00	LGE 10.00		SML 6.50	MED 9.50	LGE 14.00

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Italian Desserts



Tiramisu 6.00

A delicious layer of both tiramisu gelato & coffee liquored sponge, topped with zabaglione gelato with a sprinkling of vanilla almonds.



Fire Ball 6.00

A real strawberry fruit ice cream ball centred with classic vanilla ice cream rolled in strawberry sprinkles.



Gianduiotto 6.00

A centre of hazelnut gelato surrounded by chocolate gelato smothered with a layer of toasted hazelnuts and dark chocolate pieces.



Cassata 6.00

Layers of mouth watering nougat, chocolate and hazelnut gelato with candied fruit & a centre of liquored sponge.



Marroncino 6.00

The perfect frozen After Dinner Mint: Dutch chocolate & mint ice cream are rolled into a truffle shape then sprinkled with choc-mint crisps.



Tartufo 6.00

A delightful harmony of chocolate gelato and almonds covered in dark chocolate and topped off with a cherry.



Passionfruit Dessert 6.00

Exquisite passionfruit gelato veiled by a layer of rich dark chocolate.



White Tartufo 6.00

Coffee gelato covered by vanilla gelato which is rolled in coconut flakes and crowned with a cherry.



Caramel Choc Delight 6.00

Concealed within a chocolate coating is a layer of refreshing chocolate and caramel gelato and a layer of luscious caramel fudge.



Apple Dessert 6.50

Hazelnut and 'zuppa inglese' gelato with a centre of cherries & liquored sponge, engulfed by a layer of white chocolate.



Special Mocca 6.00

Hidden beneath a rich dark chocolate coating you'll find chocolate gelato and coffee gelato laced with almond pieces.



Chocolate Mousse 3.50

with a caramel base.



Gelati Tubs

500ml 6.50

Chocolate, Strawberry, Lemon, Pistachio, Coffee, Banana, Salted Caramel, Bacio, Rainbow.

